

Title:	Protocols for Sex and Relationship Education (SRE) Policy	
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Appendix to: Health & Safety Policy and the Safeguarding Policy

1. Rationale

It is a legal requirement for schools and good practice for colleges to produce a sex education policy statement. New City College Group recognises that sex and relationships education is a crucial part of preparing young people and students with special educational needs and disabilities for their lives now and in the future as adults and as parents.

2. Definition of SRE

Sex & Relationship Education is lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality and sexual health.

3. Aims of SRE

- To encourage personal responsibility in all forms of behaviour.
- To encourage self-esteem.
- To encourage respect and consideration for oneself and for others.
- To develop a greater understanding of the nature of relationships and develop skills to make and maintain positive relationships.
- To promote good health
- To assist students to avoid all abusive relationships, unplanned pregnancy, sexually transmitted infections (STIs) including HIV.
- To increase awareness of the law regarding sexual behaviour.
- To prepare students for the opportunities, responsibilities and experiences of adult life.
- To develop an awareness of appropriate behaviours for public and private life.
- To develop confidence to talk, listen and think about feelings and relationships.
- To develop skills to resist the pressure to have sex.
- To gain accurate knowledge and understanding about sexuality, relationships and about the ways to reduce the risks of STIs and unplanned pregnancy.

4. Aims of SRE Protocol

To clearly communicate to staff, parents, carers, visitors and students, the aims of SRE

and manner in which it will be delivered at the college.

To develop a bank of appropriate resources customised to the learning needs of different student cohorts to embed SRE into curriculum activities and tutorials.

To build capacity of a well trained workforce confident in delivering SRE embedded within curriculum delivery.

5. Content

SRE provides knowledge and encourages the acquisition of skills and attitudes which will allow our students to manage their lives in a responsible and healthy way.

6. Knowledge and Understanding

The curriculum and particularly tutorial will include issues around personal relationships, sexuality, the law on sexual behaviour, staying safe (contraception, sexually transmitted infections), consent to sex, practices around alterations to the body such as FGM, stereotyping, internet safety, cyber bullying and domestic violence and the legal framework around each of these issues.

7. Values

Students will be encouraged to consider the importance of the following:

- Respect for themselves and others.

- Non exploitation in relationships.
- Understanding and sensitivity towards the needs and views of others.
- Responsibility for their actions.
- Responsibility to themselves, their family, their friends, their college and the wider community.

8. Skills

Students will be encouraged to develop communications, assertiveness and decision making skills which will enable them to form good relationships, manage risks and live a healthy lifestyle.

9. Organisation and Delivery

Aspects of SRE are delivered explicitly within the health and wellbeing curriculum, and implicitly in other areas of the curriculum.

SRE is also delivered through the College's EEP activities, for example, Healthy Relationships tutorials and workshops for students delivered by external trainers.

10. Teaching Approaches/Methods/Strategies

It is essential to help students with learning difficulties to develop confidence in talking, listening and thinking about sex and relationships. Teaching strategies that can help this include:

- Establishing clear ground rules with students to create an atmosphere where they feel able to talk.
- The use of social stories
- Resources assessed to ensure they are appropriate to the cognitive age and maturity of students.
- All issues discussed in SRE will be presented in an objective and balanced way.

11. Confidentiality and Advice

The following procedures will be adhered to by all adults:

Students in need of advice regarding any aspect of SRE can talk to an adult in college, generally the personal tutor or support assistant who will support them by:

- Referring them to professional information, or guidance from a health professional, for example, a local Family Planning Clinic specialising in providing guidance to people with learning difficulties and disabilities.
- Encouraging students to talk to their parents. Where this is not possible, the college will refer them to a health professional.
- Referring the case to the designated Safeguarding Officer whenever a disclosure of a serious nature has been made.

Disclosure or suspicion of possible abuse – the college's safeguarding procedures will be invoked.

12. Disseminating and Monitoring the SRE Policy

This policy will be accessible to all staff and governors. A full copy will be made freely available to parents on request. It will be reviewed annually.

Achievement and standards in SRE will be monitored through lesson observation

13. The Role of Parents/Carers

Parents are the key people in teaching their children about sex, relationships and growing up. The college will work in partnership with parents by providing sex and relationship education programmes. It is important that parents support the college's work in this area. Parents have the right to withdraw their 16-18 young people from all or part of the sex and relationship programme. Parents wishing to exercise this right will be encouraged to meet with the Senior Curriculum Manager to discuss the issues.

The person with responsibility for SRE is the Group Health & Safety Officer or Senior Safeguarding Manager

Review

Next reviewed: January 2018

Equality Impact Assessment:

Completed: Y/N..... Date.....
Name.....

Signed.....

Additional Information:

Reference Associated Procedures:

This is the policy statement of New City College. The overall responsibility for the policy is that of:
The Group Health & Safety Officer or Senior Safeguarding Manager

Signed

Name:

Date:

Policy Review Date: January 2018